



# MARCH | 2018

## Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Mexican Fiesta Pizza w/ <b>Sour Cream</b> Mexican Rice Fiesta Black Beans Steamed Broccoli Fruit (2) Milk	2 Chicken Nuggets Tater Tots Scandinavian Vegetables <b>Cornbread</b> Fruit (2) Milk
5 Macaroni & Cheese <b>Blueberry Muffin</b> Baked Beans Steamed Broccoli Fruit (2) Milk	6 Cheese Pizza Fresh Baby Carrots Tossed Salad w/ Dressing Fruit (2) <b>Cookie</b> Milk	7 Country Fried Steak Mashed Potatoes & Gravy Green Beans Dinner Roll w/ Marg Fruit (2) Milk	8 <b>Bacon</b> Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Chips Veggie Cup #1 w/ Dip Fruit (2) Milk	9 Corn Dog Potato Wedges Peas Fruit (2) <b>Pudding Cup</b> Milk
12 Sausage Gravy Brk Pizza (2) Seasoned Hash Brown Cubes California Blend Vegetables Fruit (2) <b>Strawberry Yogurt</b> Milk	13 Nachos w/ Meat & Cheese <b>Salsa</b> Fiesta Black Beans Corn Fruit (2) Milk	14 Chicken Quesadilla Cooked Carrots Cauliflower w/ Cheese Sauce Fruit (2) <b>Jell-O w/ Whip Topping</b> Milk	15 Pepperoni Pizza Italian Vegetables Tossed Salad w/ Dressing Fruit (2) <b>Cookie</b> Milk	16 Brd Chicken Patty on Bun w/ <b>Lettuce, Tomato, Onion</b> Au Gratin Potatoes Green Beans <b>Fruit</b> Irish Frozen Juice Cup Milk
19 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Beans Waffle Fries Fruit (2) Milk	20 eLearning Day	21 Spicy Chicken Wrap w/ Lettuce & Shred Cheddar <b>RF Dorito Chips</b> Veggie Cup #2 w/ Dip Fruit (2) Milk	22 Sloppy Joe on Bun Green Beans Cauliflower w/ Cheese Sauce Fruit (2) Cinnamon Roll Milk	23 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner Roll & Marg Fruit (2) Milk
26 Stuffed Cheese Breadsticks w/ Marinara Sauce Cooked Carrots Tossed Salad w/ Dressing Fruit (2) Milk	27 Tenderloin on Bun w/ Lettuce, Tomato, Onion Baked Beans Green Beans Fruit (2) Milk	28 Chicken & Noodles Mashed Potatoes Corn Biscuit (2) Fruit (2) Milk	29 Mexican Fiesta Pizza w/ <b>Sour Cream</b> Mexican Rice Fiesta Black Beans Steamed Broccoli Fruit (2) Milk	30 No School Spring Break

### News

There are 3 ways to make complete reimbursable meal for all students.  
Main Tray Line  
Salad Bar  
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

**Lunch Served**  
Northfield High 11:15 am – 12:35 pm  
Southwood High 11:15 am – 12:35 pm

**Lunch Prices**  
Reduced \$ .40    Paid \$2.60  
2<sup>nd</sup> Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:  
**MSDFoodService**

**Grades 9-12 only due to Calories or Sodium Levels**