



AUGUST | 2018

Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk	9 Pepperoni Pizza Italian Vegetables Tossed Salad w/ Dressing Fruit (2) Cookie Milk	10 Chicken Quesadilla w/ Sour Cream Cooked Carrots Cauliflower w/ Cheese Sauce Fruit (2) Jello w/ Whip Topping Milk
13 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Beans Cooked Carrots Waffle Fries Fruit (2) Milk	14 Cold Ham & Cheese Sub w/ Lettuce, Tomato, Onion Fresh Baby Carrots Tossed Salad w/ Dressing Fruit (2) Milk	15 Chicken Tender Wrap w/ Lettuce & Shred Cheddar RF Dorito Chips Veggie Cup w/ Dip Fruit (2) Milk	16 Baja Fish Sticks Mini Loaf Bread Green Beans Cauliflower w/ Cheese Sauce Fruit (2) Milk	17 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner Roll w/ Marg Fruit (2) Milk
20 Bosco Cheese Breadsticks w/ Marinara Sauce Cooked Carrots Tossed Salad w/ Dressing Fruit (2) Milk	21 Tenderloin on Bun w/ Lettuce, Tomato, Onion Baked Beans Green Beans Fruit (2) Milk	22 Chicken & Noodles Mashed Potatoes Corn Sliced Bread & Marg (2) Fruit (2) Milk	23 Taco Pizza Wedges w/ Sour Cream Mexican Rice Fiesta Black Beans Steamed Broccoli Fruit (2) Milk	24 Chicken Nuggets Hash Brown Patty Scandinavian Vegetables Dinner Roll w/ Marg Fruit (2) Milk
27 Bacon Cheeseburger on Bun w/ Lettuce, Tomato, Onion Sweet Potato Fries Brussel Sprouts Fruit (2) Milk	28 Cheese Pizza Fresh Baby Carrots Tossed Salad w/ Dressing Fruit (2) Cookie Milk	29 Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Dinner Roll w/ Marg Fruit (2) Milk	30 Macaroni & Cheese Blueberry Muffin Baked Beans Steamed Broccoli Fruit (2) Milk	31 Corn Dog Potato Wedges Corn Fruit (2) Pudding Cup Milk

News

There are 3 ways to make complete reimbursable meal for all students.

Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

Lunch Served

Northfield High 11:15 am – 12:35 pm
Southwood High 11:15 am – 12:35 pm

Lunch Prices

Reduced \$.40 Paid \$2.60
2nd Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
MSDFoodService

Grades 9-12 only due to
Calories or Sodium Levels