



OCTOBER | 2018

Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bacon Cheeseburger on Bun w/ Lettuce, Tomato, Onion Sweet Potato Fries Brussel Sprouts Fruit (2) Milk	2 Cheese Pizza Fresh Baby Carrots Tossed Salad w/ Dressing Fruit (2) Cookie Milk	3 Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Dinner Roll w/ Marg Fruit (2) Milk	4 Macaroni & Cheese Blueberry Muffin Baked Beans Steamed Broccoli Fruit (2) Milk	5 Corn Dog Potato Wedges Corn Fruit (2) pudding Cup Milk
8 Walking Taco w/ Nacho Chips, Taco Meat, Cheese, Lettuce, Onions, Salsa, Sour Cream Refried Beans Fruit (2) Milk	9 Orange Stir Fry Chicken On Asian Rice Egg Roll Stir Fry Vegetables Corn on Cob (2) Fruit (2) Fortune Cookie Milk	10 Cavatina w/ Meat Sauce Garlic Toast (2) Green Beans Cooked Carrots Fruit (2) Milk	11 Elearning Day	12 BBQ Pulled Pork on Bun w/ Onions & Pickles Potato Cake Corn Fruit (2) Milk
15 Hot Dog on Bun w/ Relish & Onions Tater Tots Peas Fruit (2) Cookie Milk	16 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk	17 Pepperoni Pizza California Blend Vegetables Tossed Salad w/ Dressing Fruit (2) Frozen Juice Cup Milk	18 Chicken Quesadilla w/ Sour Cream Cooked Carrots Cauliflower w/ Cheese Sauce Fruit (2) Jello w/ Topping Milk	19 Chicken Patty on Bun w/ Lettuce, Tomato, Onion Au Gratin Potatoes Green Beans Fruit (2) Milk
22 No School Fall Break	23 No School Fall Break	24 No School Fall Break	25 No School Fall Break	26 No School Fall Break
29 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Beans Waffle Fries Fruit (2) Milk	30 Ham & Cheese on Sub Bun w/ Lettuce, Tomato, Onion Fresh Baby Carrots Tossed Salad w/ Dressing Fruit (2) Milk	31 Happy Halloween Chicken Tender Wrap w/ Lettuce & Shred Cheddar RF Dorito Chips Veggie Cup w/ Dip Fruit (2) Halloween Treat Milk		

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a **PB & Jelly Sandwich Kit**.
 Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

Lunch Served
Northfield High 11:15 am – 12:35 pm
Southwood High 11:15 am – 12:35 pm

Lunch Prices
Reduced \$.40 Paid \$2.60
2nd Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
MSDFoodService

Grades 9-12 only due to Calories or Sodium Levels