

MAY | 2019

Southwood Jr Sr High Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Spaghetti w/ Meat Sauce Breadstick Green Beans Cooked Carrots Fruit (2) Milk	2 Walking Taco w/ Nacho Chips, Taco Meat, Cheese, Lettuce, Onions, Salsa, Sour Cream Refried Beans Fruit (2) Milk	3 Philly Beef on Sub Bun w/ White Italian Cheese Sauce, Sautee Green Peppers & Onions Potato Bites Maui Vegetable Fruit (2) Milk
6 Hot Dog on Bun w/ Relish & Onions Sidewinder Fries Peas Fruit (2) Cookie Milk	7 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk	8 Pepperoni Pizza California Blend Vegetables Tossed Salad w/ Dressing Fruit (2) Milk	9 Chicken Quesadilla Cooked Carrots Cauliflower w Cheese Sauce Fruit (2) Jello w/ Whip Topping Milk	10 6 th Grade visits SHS Chicken Patty on Bun w/ Lettuce, Tomato, Onion Au Gratin Potatoes Green Beans Fruit (2) Milk
13 BBQ Rib Patty on Bun w/ Onion & Pickles 4 Mini Potato Cakes 8 Mini Potato Cakes Green Beans Fruit (2) Milk	14 Chicken Tenders on Flour Tortilla Wrap w/ Lettuce & Shred Cheddar RF Dorito Chips Veggie Cup w/ Dip Fruit (2) Milk	15 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Cooked Carrots Waffle Fries Fruit (2) Milk	16 Bratwurst on Bun Baked Beans Steamed Broccoli Fruit (2) Munchie Snack Mix Milk	17 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner Roll w/ Marg Fruit (2) Milk
20 Bosco Cheese Breadsticks w/ Marinara Sauce Gold Rush Juice Tossed Salad w/ Dressing Fruit (2) Milk	21 Cook Out Cheeseburger on Bun w/ Lettuce, Tomato, Onion, Pickles Potato Chips Baked Beans Potato Salad Watermelon & Fruit Milk	22 Tenderloin on Bun w/ Lettuce, Tomato, Onion Green Beans Corn Fruit (2) Milk	23 Sack Lunch PB & Jelly Jammer String Cheese WG Snack Veggies Fruit (2) Treat Milk	24
27	28	29	30	31

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

Lunch Served
Northfield High 11:15 am - 12:35 pm
Southwood High 11:15 am - 12:35 pm

Lunch Prices
Reduced \$.40 Paid \$ 2.60
2nd Lunch Tray \$ 2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
[MSDFoodService](#)

Grades 7-8 only due to **Calories or Sodium Levels**

Grades 9-12 only due to **Calories or Sodium Levels**